### ELEMIS RENEWAL GROOMING TREATMENT 75 MINUTES

Enjoy the best seat in the house for some luxury masculine maintenance. Deep exfoliation, rich cleansing, and hot towels prepare for an expert shave. Skin is then supercharged with the Ultra Smart aqua infusion mask using Orange bulbine and antioxidants. Relax with a facial massage to hydrate. Complete your groom with a scalp exfoliation, nose and beard trim, hair mask and buff of the nails.

### GROWN ALCHEMIST RESTORATION SHAVE 55 MINUTES

Grooming at its best. An Enzyme exfoliation, deep cleansing mask, and hot towel compress prepares for an expert shave. Skin is restored with a facial massage to hydrate and finished with a matte balancing treatment.

### GROWN ALCHEMIST EXPRESS SHAVE 25 MINUTES

This express service gets you in and out. Power up with a deep-cleansing exfoliation and a double-close shave for superior super smooth skin maintenance.

### OUR PROMISE TO YOU

At Aurōra spa, we believe every person deserves a chance to start each day feeling renewed and refreshed. We are committed to inspiring your wellness journey while delivering uncompromising indulgence and the finest expression of service. Your comfort and enjoyment are important to us. If we have not fulfilled our promise, please visit the spa reception desk to ensure we remedy your experience.

### HOURS OF OPERATION

Spa and Salon – 8am to 10pm Fitness Center – 24 hours

### RESERVATIONS

For more information or to reserve treatments, please contact Aurōra spa. Walk-in appointments are subject to availability.

### MINIMUM AGE REQUIREMENTS

Guests must be at least 18 years of age to receive treatments or utilize spa facilities unless participating in the kids or teen program. Salon services are available to guests of all ages. Fitness facilities are not available to minor guests. Please see the restrictions posted outside the Fitness Center.

### NURTURE YOUR EXPERIENCE

We recommend arriving 15 minutes prior to your appointment so you can focus your mind on relaxation. To maintain the serenity of the spa, we ask you to turn off your mobile phone and electronic devices upon arrival.

### ENSURING A WONDERFUL SPA EXPERIENCE

We welcome you to discuss your likes, dislikes, concerns or questions openly with your therapist before and during treatment.

### GRATUITY

For your convenience, an 20% gratuity will be applied to your final bill at checkout. Additional gratuities for exemplary service is discretionary.

### VALUABLES

To ensure you do not forget any personal items of value, we suggest leaving them in the safety deposit box in your stateroom.

### CANCELLATION POLICY

Please provide 24-hours' notice when canceling appointments or your onboard account may be charged 50% of your treatment cost.

### PRODUCT RETURN POLICY

Refunds are offered for all unopened products when accompanied by a receipt and returned by the end of the cruise. Unopened products without a receipt can be exchanged for either services or products.

# aurōra

### 10.20.30 SIGNATURE SERVICES PROMOTION

Book three services with this symbol and you will receive 10% off the most expensive service, 20% off a service of equal or lesser value, and 30% off the least expensive service from your selection. Treatments cannot be shared with others. All treatments must be booked and paid for in advance. This promotion is subject to availability.

### SPECIAL OFFERS IN PORT

Please see the spa section of your daily program or stateroom television for our special port offers, seminars, and group classes.

### ONBOARD CREDIT

Onboard credit accepted at Crystal's Aurōra spa.

### TIMETOSPA AT HOME

Relaxation is achieved through daily practice. Your therapist will be happy to recommend a home care regime to continue your treatment at home on timetospa.com

### CUSTOMER SERVICE

c/o OneSpaWorld, 1-855-848-3059 postcruisecustomerservice@onevworld.com

Aurōra, Goddess of Dawn, ushers in the arrival of the sun, the promise of today, and the pursuit of everlasting youth.

Crystal's Aurora spa is a place of personal peace, enchantment, and well-being. Where sunriseinspired signature treatments are designed to rejuvenate the body. mind, and soul, bringing energy, light and balance through wisdom and modern intervention.

As you dive into your spa and wellness journey, let the everlasting light of the sun be your guide. On the surface, rediscover your natural shine and radiance. Deep within, feel profoundly relaxed and renewed, more refreshed and ready for the world than ever before.

CURATE YOUR TREATMENT JOURNEY

Enrich your spa experience by selecting from our signature services are indicated with the o symbol.

Face

BIOTEC 2.0 THE ULTIMATE FACIAL 75 MINUTES

This next generation experience harnesses the powerful benefits of all six ELEMIS BIOTEC 2.0 technologies. This unsurpassed, age-defying facial will lift, smooth, define, oxygenate, and recharge the skin revealing a radiant, youthful appearance after just one treatment.

> AURŌRA LED AND CRYO FACIAL EXPERIENCE **50 MINUTES**

Increase the amount of collagen in your skin and reduce the appearance of wrinkles with our LightStim<sup>®</sup> Pro-Panel LED light therapy and cryo combination. Skin will be left plump, toned, and even after just one treatment.

> SUPERTECH FACIAL **50 MINUTES**

Advanced technologies customized to meet your individual needs target multiple signs of aging to resurface, firm, and smooth. Select from Line Eraser, Firm-a-Lift, Skin Resurfacing, or Super Charger for Men.

ELEMIS PRO-COLLAGEN AGE DEFY 50 MINUTES

Tackle fine lines with age-defying benefits of marine-charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger-looking skin.

### THERMAGE<sup>®</sup> SKIN TIGHTENING TREATMENTS

The premier non-invasive skin-tightening therapy that uses focused radiofrequency and the body's natural healing process to improve, tighten, lift and contour loose skin on the face, neck or body.

### DYSPORT<sup>®</sup> WRINKLE TREATMENTS

Improve the appearance of moderate to severe fine lines and minimize wrinkles between the brows, on the forehead, and around the eyes for a refreshed, youthful appearance. Smoother skin is visible within days and results last up to four months.

### RESTYLANE<sup>®</sup> DERMAL FILLER TREATMENTS

Instantly smooth away moderate to severe wrinkles like smile lines, restore fullness in the lips, and replace lost volume for a fresher, more youthful appearance. Results are instant and last up to six months.

### MICRONEEDLING TREATMENTS

Elevate the overall texture of your skin on the face and neck. This treatment activates cellular regeneration producing collagen and elastin to help tighten and lift skin.

### IV Treatments

bskinny 60 MINUTES

This powerful fat-fighting formula supports hydration, performance, weight control, and improved circulation. It also promotes cellular energy, improves mood, and helps alleviate depression.

### bradiant 60 MINUTES

Revitalize your skin and replenish it from the inside out. Get an extra beauty boost with a powerful combination of vitamins and minerals for youthful, glowing skin.

### bREVIVED 60 MINUTES

Recharge your system with a healthy dose of hydration plus all the energyenhancing benefits of B and C vitamins.

## THE CHARIOT OF LIGHT

Massages

Reset your circadian rhythm, reduce inflammation, increase circulation, and improve the texture of your skin with the therapeutic benefits of LightStim® Pro-Panel LED light therapy. Awaken feeling balanced and restored.

### AURŌRA STONE SIGNATURE MASSAGE 90 | 75 | 50 MINUTES

Warmed aromatics are drizzled over your skin, this hot stone full-body massage relaxes muscles through heat allowing your mind to unwind, and your body to destress, while promoting sleep.

### AND BODY RITUAL 100 MINUTES

the ultimate spa therapy. Combine

### Body

THE AURŌRA WRAP 100 | 75 MINUTES

Cleanse, reset and awaken your body with this energizing wrap and massage vital for better health and longevity. A heated mask containing essential oils is applied to your body before you are cocooned in a warm wrap. Our natural ingredients will detoxify, decongest, and stimulate your body systems as you relax.

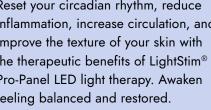
### INTENSELY CLEANSING SALT SCRUB WITH BODY MASSAGE 70 | 50 MINUTES

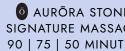
Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells and perfectly prepping the skin. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil. Includes a 25 or 50-minute massage.

### IONITHERMIE CELLULITE REDUCTION PROGRAM 3 SESSIONS | 50 MINUTES

This unique therapy detoxifies the body, reduces the appearance of cellulite, and offers substantial inch loss after just one session. Galvanic stimuli propel rich marine elements into affected areas to drain fluid, smooth the skin, and give the body more definition. Ionithermie is recommended as part of an ongoing well-being and fitness program.







BIOTEC FACE TREATMENT

Technology fuses with touch for the 50-minute BIOTEC facial for instant results with a Swedish Massage for pure relaxation.

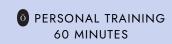
### ACUPUNCTURE **50 MINUTES**

Acupuncture is one of the fastestgrowing movements in healthcare today. Our onboard acupuncturist is highly trained and certified to safely and effectively treat an extensive list of symptoms and conditions, including pain, insomnia and anxiety, seasickness, smoking cessation, weight gain and more. Anyone can benefit from acupuncture. Many enjoy a session for symptomatic relief, enhanced relaxation, and/or well-being maintenance.

### **1 INBODY570® COMPOSITION** ANALYSIS 60 MINUTES

Fitness

The most comprehensive muscle and fat diagnosis available. Understanding your body's inner health helps us to determine the best way to achieve your wellness goals.



Exercise enhances inner health and physical strength for the body's complex physiology. Personal training is your unique prescription toward a healthy, strong mind and body.

### 0 NUTRITIONAL CONSULTATION 60 MINUTES

Our fitness professionals can provide you with the in-depth, personalized information you need to enhance your well-being with a healthy diet and exercise program.

### KERATIN COMPLEX® EXPRESS BLOWOUT WITH CUT 60 MINUTES

Say goodbye to frizz in one hour. This specially formulated, smoothing treatment lasts up to six weeks, and hair can be washed just eight hours after.

### **6** KÉRASTASE<sup>®</sup> CAVIAR TREATMENT 25 MINUTES

Invigorate hair and scalp with an exceptional ritual that nourishes from roots to ends. Mimetic caviar pearls are crushed to release active ingredients and marine nutrients to nourish and strengthen the hair.

### **KÉRASTASE® SOLEIL** SUNCARE RITUAL 15 MINUTES

Nourish and illuminate the hair fibers with this after sun care ritual that recovers the hair from dryness and fading due to seasonal exposure such as sun, chlorine and salt water.

#### KÉRASTASE® FUSIO-DOSE INSTANT HAIR TREATMENT 5 MINUTES

Fusio-Dose combines highly concentrated formulas with powerful boosters for custom-designed results. Dry hair is intensely nourished, damaged hair is repaired, and strengthened, the radiance of color-treated hair is restored, and mature hair is re-densified.

### • AURŌRA MANICURE (45 MINUTES) AND PEDICURE (60 MINUTES)

The ultimate hand and foot treatments, a combination of cooling gels and warm stone massage soothe, while nails are nourished and polished to perfection.

### GO SMILE™ BLU™ PRO TEETH WHITENING TREATMENT 30 MINUTES

The next generation in teeth whitening technology. This exclusive service whitens teeth up to eight shades in 30 minutes with no sensitivity or discomfort and includes a portable GO SMILE<sup>™</sup> Whitening device to take home. Couples treatments are available.